

Name: \_\_\_\_\_ Hour: \_\_\_\_\_

## SUMMARY AND REVIEW OF ENERGY, WORK, & POWER

I) **Kinetic Energy (K.E.)**- energy of \_\_\_\_\_ measured in \_\_\_\_\_

K.E.= \_\_\_\_\_

If you are not moving, your K.E. = \_\_\_\_J

II) **Potential Energy (P.E.)** - the energy due to an object's \_\_\_\_\_ measured in \_\_\_\_\_

P.E.= \_\_\_\_\_

If you are on the ground, your P.E. = \_\_\_\_J

III) **The Conservation of Energy**- means the \_\_\_\_\_ energy remains constant

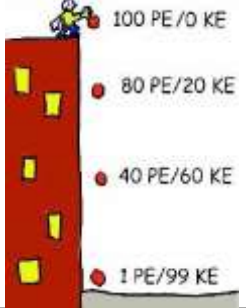
$$\text{initial PE} + \text{initial KE} = \text{final PE} + \text{final KE}$$

$$PE_i + KE_i = PE_f + KE_f$$

$$mgh_i + \frac{1}{2}mv_i^2 = mgh_f + \frac{1}{2}mv_f^2$$

Starts with speed = \_\_\_\_.

As it falls, loses PE because it's \_\_\_\_\_ is decreasing.



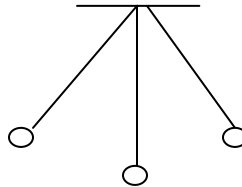
As it falls, gains K.E. because it's \_\_\_\_\_ is increasing.

The total is \_\_\_\_\_ !

**Concept of the Conservation of Energy**

The total energy stays constant.. Example- swinging pendulum  
*Pendulum stopped at the top.*

P.E.= 20 J  
 K.E.= \_\_\_\_\_ J



When a pendulum hangs straight down, h= \_\_\_\_\_

P.E.= \_\_\_\_\_ J  
 K.E.= \_\_\_\_\_ J

**WORK:** Amount of energy transferred by a \_\_\_\_\_ acting through a \_\_\_\_\_

Work = \_\_\_\_\_

Measured in \_\_\_\_\_

**POWER:** The rate at which work is done or energy is transferred.

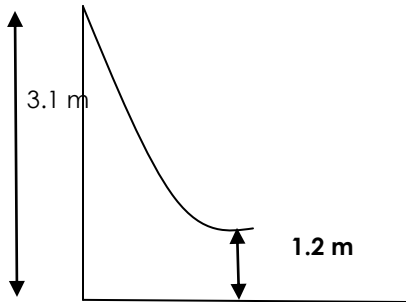
Power = \_\_\_\_\_

Measured in \_\_\_\_\_ = 1 \_\_\_\_\_  
 \_\_\_\_\_ Watts = 1 horsepower (hp)

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1. If you (165 lbs) can run up a flight of **20 stairs** that are **each 0.25 m high** in 4.6 sec, what is your horsepower? (-1.07 hp)

2. A hot wheel car (mass=15.5 g) starts from rest 3.1 m above the ground and slides down a track as shown below. It leaves the track horizontally at 1.2 m off the ground. Calculate how far away ( $\Delta x$ ) from the base of the ramp it will land. (3.01 m) (Use CE to find  $V_f$ , then car turns into a horizontal projectile with  $V_f = V_x$  and  $\Delta y = 1.2$  m)



3. You are helping your dad string holiday lights on your roof (height = 7.2 m) when you accidentally drop a 5-lb hammer. How fast is the hammer traveling after falling 4.0 m? Solve this problem using both:

**conservation of energy equation: (8.85 m/s)      one-dimensional motion equation: (8.85 m/s)**

Before you start... what is  $\Delta y$ ? \_\_\_\_\_  $h_i$ ? \_\_\_\_\_  $h_f$ ? \_\_\_\_\_

4. A 2,500 kg car accelerates from 0 to 31.5 m/s in 5.55 seconds. What is the horsepower delivered by the engine during the acceleration? ( **$\approx 300$  hp. You will need to solve for the  $a$ ,  $\Delta x$ ,  $W$ ,  $P$ , and  $hp$ !** Wow you know a lot of physics ☺)

5. You kick a 1.25 kg ball at a  $65^\circ$  angle with a velocity of 15.2 m/s. What is the potential energy of the ball at its maximum height? ( $\approx 120$  J)